

**THE BASIC
SCIENTOLOGY[®]
PICTURE
BOOK
VOL. 1**

A VISUAL AID TO A BETTER
UNDERSTANDING OF MAN
AND THE MATERIAL UNIVERSE.

TAKEN FROM THE WORKS OF
L. RON HUBBARD

SCIENTOLOGY

①

DEFINITION: "SCIO" MEANING "SCIENCE OR KNOWLEDGE"
AND "OLOGY" MEANING "THE STUDY OF", THUS WE
HAVE "THE STUDY OF KNOWLEDGE."

SCIENTOLOGY IS AN APPLIED RELIGIOUS PHILOSOPHY.
A PHILOSOPHY IS SOMETHING THAT HELPS YOU GET OVER THE
ROUGH SPOTS IN LIFE.

SCIENTOLOGY IS A RELIGION IN THAT IT ADDRESSES THE SPIRIT.

PHILOSOPHY: DEFINITION - THE PURSUIT OF KNOWLEDGE.
THE KNOWLEDGE OF THE CAUSES AND LAWS OF ALL THINGS.

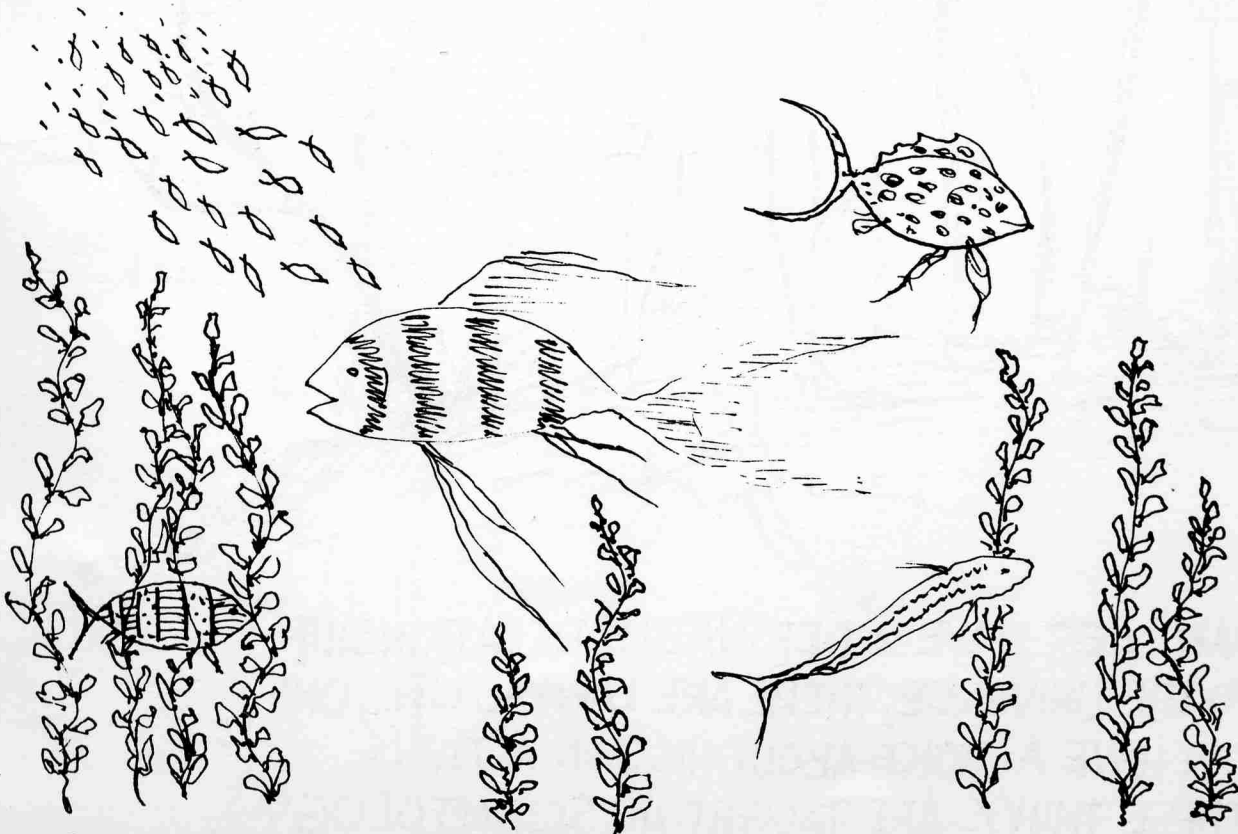
AN APPLIED PHILOSOPHY IS ONE WHICH HAS TO DO WITH
DOING AND ACTION. ONE WHICH APPLIES TO LIVING - NOT
JUST A THEORY, BUT ONE WHERE THE THEORY CAN BE USED
TO HELP YOU GET ON BETTER IN LIFE.

SO THERE IS SOMETHING TO LEARN, KNOW AND USE
IN SCIENTOLOGY.

IN ORDER TO LEARN SOMETHING ONE MUST HAVE AN
IDEA OF HOW TO STUDY.

LET'S LOOK AT THE MECHANICS OF STUDY.

① THERE HAS TO BE SOMETHING THERE TO STUDY.



② AND THE IDEA THAT ONE DOES NOT KNOW
IT ALL ALREADY.

①. IN SCIENTOLOGY, THERE IS SOMETHING THERE TO STUDY - MANS RELATIONSHIP TO THE UNIVERSE, WHO HE IS, WHAT HE IS DOING, AND THE LAWS OF LIFE.

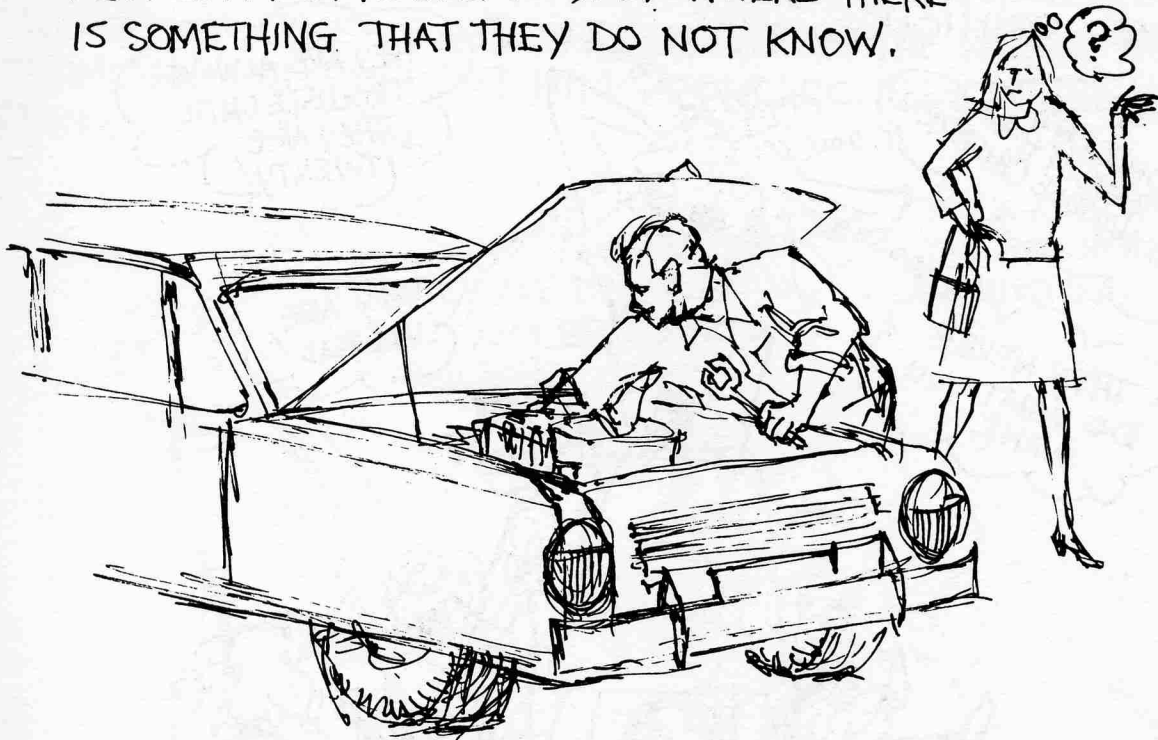


MAN DOES HAVE A DEFINABLE RELATIONSHIP TO THE UNIVERSE, THERE ARE LAWS TO LIFE, ONE CAN HAVE A CHOICE ABOUT HIS OWN ACTIONS. THESE THINGS ARE TAUGHT IN SCIENTOLOGY.

② THE FIRST BARRIER (BLOCK, STOPPAGE, OBSTACLE) TO LEARNING IS THE IDEA THAT YOU KNOW IT ALL ALREADY. PEOPLE WILL SAY, "WELL I MUST KNOW ALL ABOUT LIFE BECAUSE I'M LIVING." DOES A PASSENGER KNOW ALL ABOUT AEROPLANES JUST BY TRAVELLING IN ONE? DOES A PERSON KNOW ALL ABOUT HIS BODY BECAUSE HE HAS ONE?

③

PEOPLE HAVE PROBLEMS ONLY WHERE THERE IS SOMETHING THAT THEY DO NOT KNOW.



IF THEY KNEW ALL ABOUT CARS THEN THEY WOULDN'T HAVE PROBLEMS WITH CARS.



IF THEY KNEW ALL ABOUT WOMEN THEN THEY WOULDN'T HAVE PROBLEMS WITH WOMEN.

A PERSON DOESN'T LEARN IF HE THINKS HE KNOWS ALL ABOUT IT ALREADY. SUCH A PERSON DOESN'T LOOK AT THE FACT THAT IF ONE KNEW ALL ABOUT IT HE WOULD BE ABLE TO DO IT OR HANDLE IT. SUCH A PERSON ALSO HAS FIXED OPINIONS. YOU WILL ALWAYS FIND FIXED OPINIONS IN AN AREA WHERE A PERSON DOESN'T REALLY KNOW BUT INSISTS HE DOES.

HERE ARE SOME EXAMPLES OF FIXED OPINIONS.



WHEN WE SEE A PERSON HAVING TROUBLE WITH CHILDREN WE KNOW THEY HAVE FIXED OPINIONS ABOUT CHILDREN.

INTEREST IN A STUDY WILL BE MAINTAINED ONLY IF THE PERSON CAN SEE THAT THE STUDY LEADS TO AN ATTAINABLE GOAL.

ANY PIECE OF KNOWLEDGE YOU OBSERVE OR LEARN HAS VALUE TO YOU IF YOU CAN SEE ITS USE.

IN ORDER TO SEE ITS USE AND THEREFORE ITS VALUE YOU HAVE TO INVEST SOME OF YOURSELF IN IT. YOU HAVE TO APPLY IT TO YOURSELF AND LIFE. WHEN YOU ARE GIVEN A NEW IDEA OR READ ONE YOU SHOULD ASK YOURSELF QUESTIONS ABOUT IT. DOES THIS APPLY TO ME? HAS IT EVER HAPPENED TO ME? HAVE I SEEN THIS HAPPENING IN LIFE? ONCE YOU HAVE SORTED OUT AN IDEA IN THIS WAY THEN IT BECOMES YOUR IDEA TO MAKE USE OF.

A DATUM: — A PIECE OF KNOWLEDGE, SOMETHING KNOWN. (2)
PLURAL — DATA.

THE MORE DATA A PERSON HAS THE BETTER HE CAN GET ALONG IN LIFE, IF THE DATA HAS BEEN LOOKED AT AND SORTED OUT AS PREVIOUSLY MENTIONED. THE LESS DATA A PERSON HAS THE MORE PROBLEMS AND TROUBLE HE HAS. HE CAN ALSO HAVE LOTS OF TROUBLE BY HAVING A LOT OF DATA THAT HE NEVER SORTED OUT TO SEE IF IT REALLY IS THAT WAY. THIS KIND OF DATA THAT HE HAS NEVER TAKEN THE TROUBLE TO APPLY TO HIMSELF AND LIFE CAN GET IN THE WAY OF HIS THINKING AND PREVENT HIM FROM LOOKING AT THE WAY THINGS REALLY ARE.



AT SOME POINT IN HER LIFE SHE RECEIVED THIS DATUM. MAYBE A CAT SCRATCHED HER WHEN SHE WAS YOUNG OR MAYBE SOMEONE TOLD HER CATS WERE DANGEROUS. THE FACT IS SHE NEVER LOOKED TO SEE IF THIS APPLIED IN LIFE. IF SHE LOOKED AROUND HER AND SAW HOW MANY PEOPLE OWNED CATS AND WERE NOT ATTACKED BY THEM AND HOW MANY CATS SHE HAD COME CLOSE TO WITH OUT BEING ATTACKED, THEN SHE MIGHT DECIDE THAT THIS PARTICULAR PIECE OF KNOWLEDGE DID NOT APPLY, AND DISCARD IT FOR WHAT SHE NOW FOUND DID APPLY TO LIFE. SHE MIGHT END UP DECIDING — SOME CATS SCRATCH SOMETIMES, THEY'RE NOT REALLY DANGEROUS. THEY CAN BE MISCHIEVOUS. CATS ARE OK.

HERE IS AN EXAMPLE OF A DATUM THAT IS A KNOWN FACT:

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"IF YOU DROP SOMETHING HEAVIER THAN AIR IT DROPS DOWNWARD."



THIS IS A DATUM YOU HAVE LEARNED BY OBSERVATION
("IF YOU DROP SOMETHING HEAVIER THAN AIR IT DROPS DOWNWARD.")

YOU HAVE SEEN THIS HAPPEN WHEN YOU DROP THINGS, YOU
HAVE SEEN IT HAPPEN WHEN OTHERS DROP THINGS.

THIS DATUM YOU CAN USE IN LIFE AS PART OF YOUR KNOWLEDGE
AS ONE OF THE LAWS OF THE UNIVERSE.

NOW TAKE A DATUM YOU ARE GIVEN TO STUDY THAT YOU
ARE NOT FAMILIAR WITH OR WHICH GOES AGAINST
SOMETHING YOU FORMERLY BELIEVED.

YOU SHOULD DO THESE THINGS WITH IT. —

① MAKE SURE YOU UNDERSTAND THE WORDS USED.

② SEE IF IT APPLIES IN LIFE. ASK YOURSELF "HAVE I SEEN
THIS HAPPEN?" "HOW DOES IT APPLY TO ME?" THEN SET UP
SOME EXAMPLES OF HOW IT IS THIS WAY, AND HOW IT'S
NOT THIS WAY AND THEN MAKE UP YOUR MIND.

REMEMBER THAT A PERSON CANNOT LEARN ANYTHING NEW IF HE ALREADY HAS FIXED OPINIONS AND WILL NOT LOOK AT ANYTHING DIFFERENT FROM THOSE OPINIONS, AND SO HE NEVER LEARNS JUDGEMENT. JUDGEMENT DEPENDS ON FREEDOM FROM FIXED OPINIONS, SO THAT A PERSON IS FREE TO EXAMINE WHAT IS THERE.

EXAMPLE OF A DATUM; - IT IS POSSIBLE TO HELP PEOPLE BY LISTENING TO THEM.

① DO WE UNDERSTAND THE MEANING OF THE WORDS? HELP MEANS ASSISTANCE, LISTENING MEANS GIVING ATTENTION TO WHAT IS BEING SAID.

② DOES IT APPLY IN LIFE? HAVE YOU EVER BEEN HELPED BY HAVING SOMEONE LISTEN TO YOU? HAVE YOU EVER HELPED SOMEONE BY LISTENING TO THEM? MAYBE ONE DAY YOUR SON TOLD YOU ALL ABOUT HIS BAD DAY AT SCHOOL AND HAVING DONE SO BECAME MORE CHEERFUL.



AFTER FINDING SEVERAL INSTANCES WHERE LISTENING HAS HELPED WE CAN THEN LOOK AT THAT DATUM AND SAY, YES THAT DOES APPLY. AND AT THAT POINT IT BECOMES YOUR KNOWLEDGE, AND YOURS TO USE WHEN AND WHERE YOU WANT TO.

NOW IF SOMEONE HAD FIXED OPINIONS ON THE SUBJECT OF HELP OR LISTENING HE WOULD NEVER UNDERSTAND THE DATUM AND NEVER USE IT. E.G., "NO ONE EVER HELPS ANYONE UNLESS THEY WANT SOMETHING FOR THEMSELVES;" "IT ISN'T POSSIBLE TO HELP PEOPLE;" "I DON'T NEED ANY HELP;" "NO ONE EVER LISTENS." WITH ALL THIS IN THE WAY DO YOU THINK THAT THIS DATUM WOULD BE UNDERSTOOD OR BE OF ANY USE TO THE PERSON?

HERE IS A DATUM FOR YOU.

"THE ONLY REASON A PERSON GIVES UP A STUDY OR BECOMES CONFUSED OR UNABLE TO LEARN IS BECAUSE HE HAS GONE ON PAST A WORD THAT WAS NOT UNDERSTOOD."

THE CONFUSION OR INABILITY TO GRASP OR LEARN COMES AFTER A WORD THAT THE PERSON DID NOT HAVE A DEFINITION FOR.

EXAMPLE:



THIS BOY WAS READING A BOOK. HE READ THE FOLLOWING.... "IT WAS FOUND WHEN THE CREPUSCULE ARRIVED THE CHILDREN WERE MUCH QUIETER AND WHEN IT WAS NOT PRESENT THEY WERE MUCH LIVELIER." YOU SEE WHAT HAPPENS. YOU THINK YOU DO NOT UNDERSTAND THE WHOLE IDEA BUT THE INABILITY TO UNDERSTAND WHAT WAS SAID CAME ENTIRELY FROM THE ONE WORD YOU DID NOT HAVE A DEFINITION FOR. CREPUSCULE, OF COURSE, MEANS TWILIGHT.

THIS PIECE OF KNOWLEDGE ABOUT NOT GOING PAST AN UNDEFINED WORD IS THE MOST IMPORTANT FACT IN STUDYING, EVERY STUDY YOU HAVE TAKEN UP AND ABANDONED HAD ITS MISUNDERSTOOD WORDS.

HAVE YOU EVER HAD THE EXPERIENCE OF COMING TO THE END OF A PAGE OF READING AND REALIZING THAT YOU DIDN'T KNOW WHAT YOU READ? WELL, SOMEWHERE EARLIER ON THAT PAGE YOU WENT PAST A WORD THAT YOU HAD NO DEFINITION FOR.

IF WHILE READING THIS BOOKLET, THE MATERIAL BECOMES CONFUSING OR YOU CAN'T SEEM TO SEE IT, THERE WILL BE A WORD JUST EARLIER THAT YOU HAVE NOT UNDERSTOOD. LOOK FOR IT, AND WHEN YOU FIND IT GET IT DEFINED. KEEP A DICTIONARY HANDY.

NOTE: SOME COMMONLY USED WORDS CAN OFTEN BE MISDEFINED AND SO CAUSE CONFUSION.

WHEN WE EXAMINE THE PARTS OF MAN WE FIND WE ARE DEALING ESSENTIALLY WITH 3 THINGS

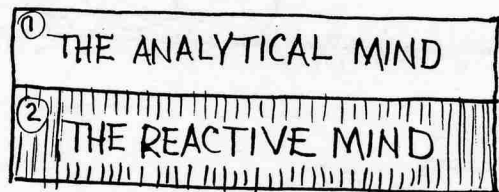
① THE BODY



② THE MIND

THE MIND CONSISTS OF PICTURES OF YOUR PAST EXPERIENCE.

THE MIND CAN BE SUB-DIVIDED INTO TWO PARTS.



THIS PART OF THE MIND THE PERSON IS CONSCIOUSLY AWARE OF.

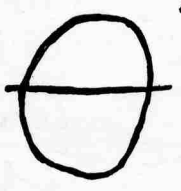
THIS PART OF THE MIND EXISTS BELOW THE PERSON'S AWARENESS LEVEL AND IS A STIMULUS RESPONSE MECHANISM. IT CONTAINS PICTURES RECORDED DURING PAST MOMENTS OF PAIN AND UNCONSCIOUSNESS THESE ARE CALLED 'ENGRAMS'.

DIANETICS (FROM THE GREEK WORD 'DIANOIA' (THROUGH MIND)) IS THAT BRANCH OF SCIENTOLOGY WHICH ADDRESSES THE MIND AND ITS EFFECTS IN RELATION TO THE BODY.

③ THE THETAN

NOTE SCIENTOLOGY ADDRESSES THE SPIRIT (THE THETAN).

THIS IS YOU - THE BEING, THE PERSON, SYMBOLIZED BY THE GREEK LETTER THETA Θ WHICH MEANS THOUGHT.



WE USE THIS TERM FOR A BEING BECAUSE HE IS CAPABLE OF THINKING AND THOUGHT.

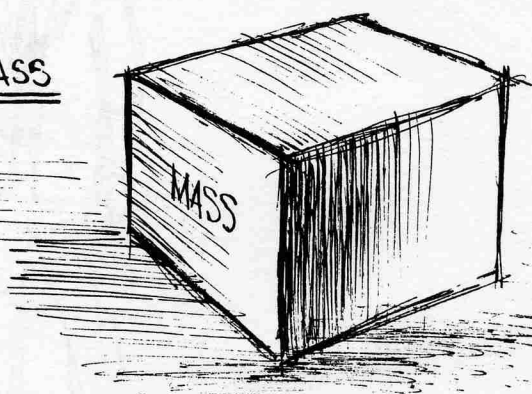
WE NEEDED A NEW TERM FOR BEING BECAUSE THE WORDS SPIRIT AND SOUL, WHICH ALSO MEAN WHAT WE MEAN BY THETAN, HAVE LOTS OF OTHER MEANINGS AS WELL.

EG: IN RELIGION THE WORD SOUL HAS COME TO MEAN SOMETHING YOU HAVE! THEY SAY "YOU HAVE A SOUL" SO IT SOUNDS LIKE A POSSESSION. IF THEY SAID YOU ARE A SOUL, IT WOULD BE RIGHT. SO WE HAVE COINED THIS NEW WORD "THETAN" TO AVOID ANY CONFUSIONS WITH PAST IDEAS ON WHAT YOU ARE.

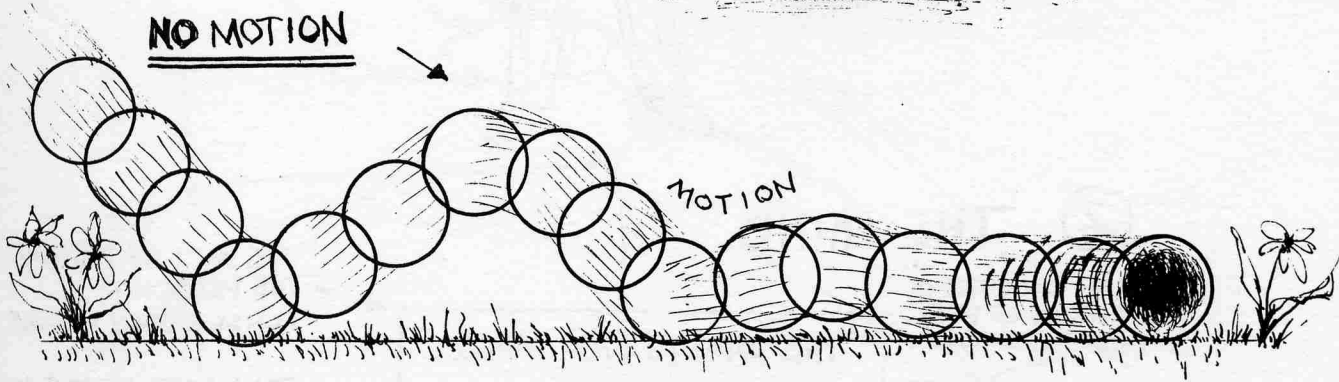
TO GET A BETTER UNDERSTANDING OF EXACTLY WHAT A THETAN IS LET'S LOOK AT THE FIRST FEW AXIOMS (FUNDAMENTAL TRUTHS) OF SCIENTOLOGY.

AXIOM ONE: LIFE IS BASICALLY A STATIC.

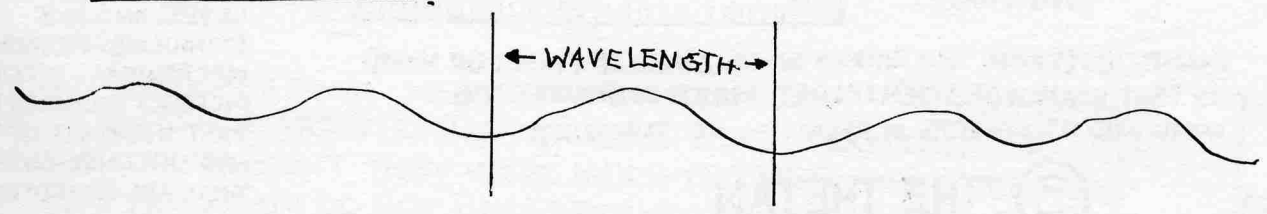
DEFINITION: LIFE STATIC HAS NO MASS



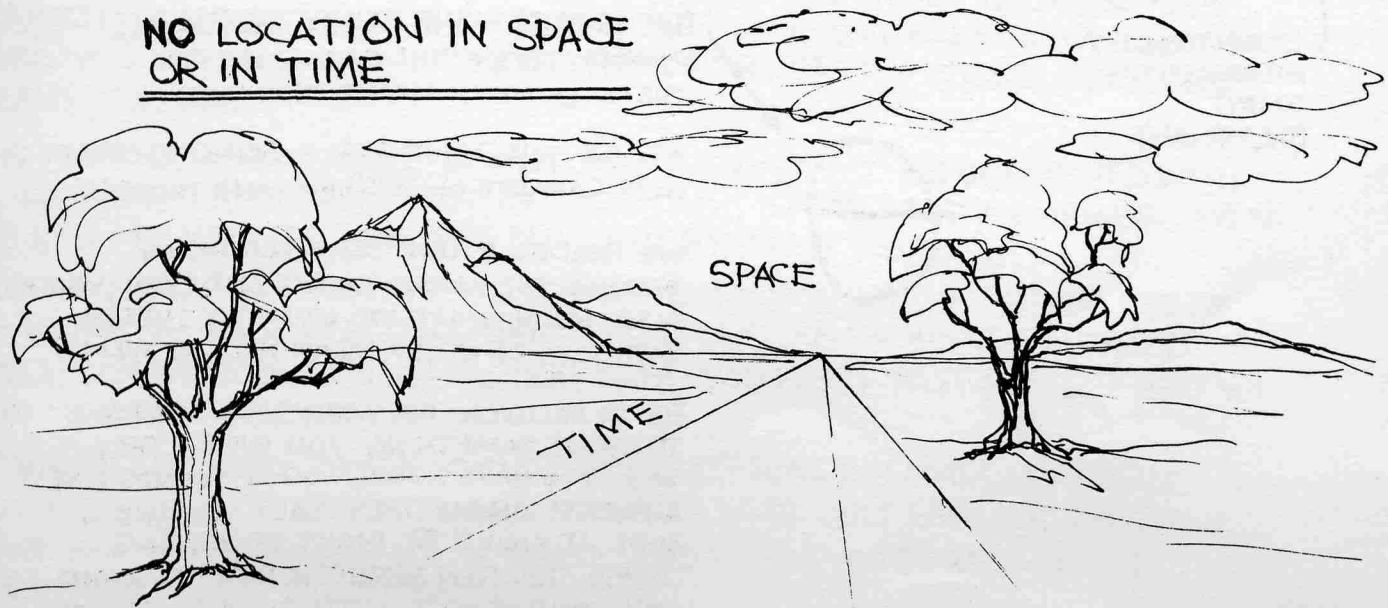
NO MOTION



NO WAVELENGTH



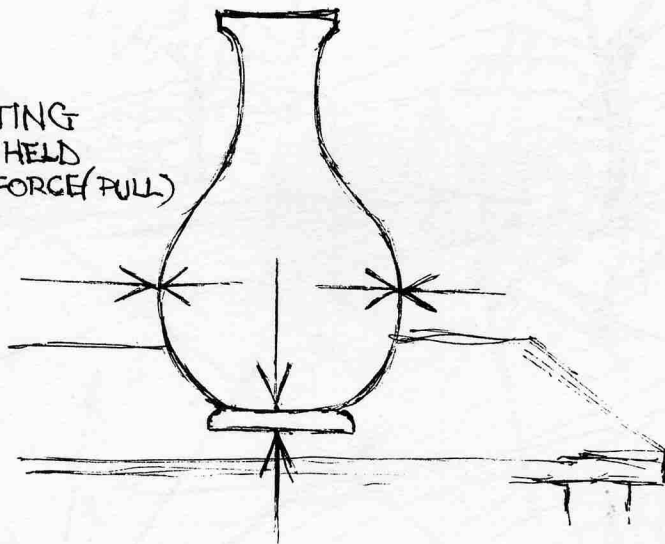
NO LOCATION IN SPACE OR IN TIME



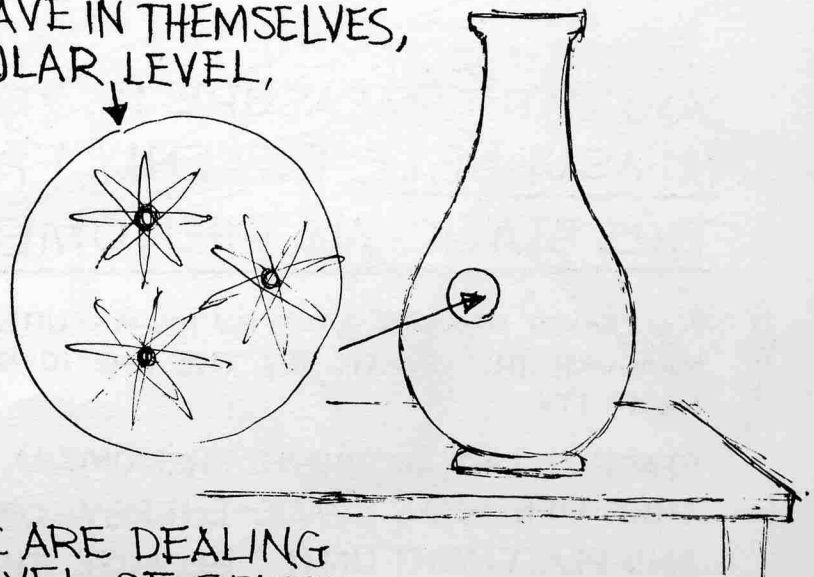
A STATIC HAS NO MOTION, IT HAS NO WIDTH, LENGTH, BREADTH, IT IS NOT HELD IN SUSPENSION BY AN EQUILIBRIUM OF FORCES, IT DOES NOT HAVE MASS, IT DOES NOT CONTAIN WAVELENGTH, IT HAS NO SITUATION IN TIME OR IN SPACE.

FORMERLY A STATIC WAS DEFINED ONLY AS A MOTIONLESS OBJECT WHICH DEFINITION IS NOT ADEQUATE SINCE AN OBJECT OR A STATE OF REST FOR AN OBJECT IS ATTAINED ONLY BY AN EQUILIBRIUM (BALANCE) OF FORCES.

EG. A VASE SITTING ON A TABLE IS HELD DOWN BY THE FORCE (PULL) OF GRAVITY



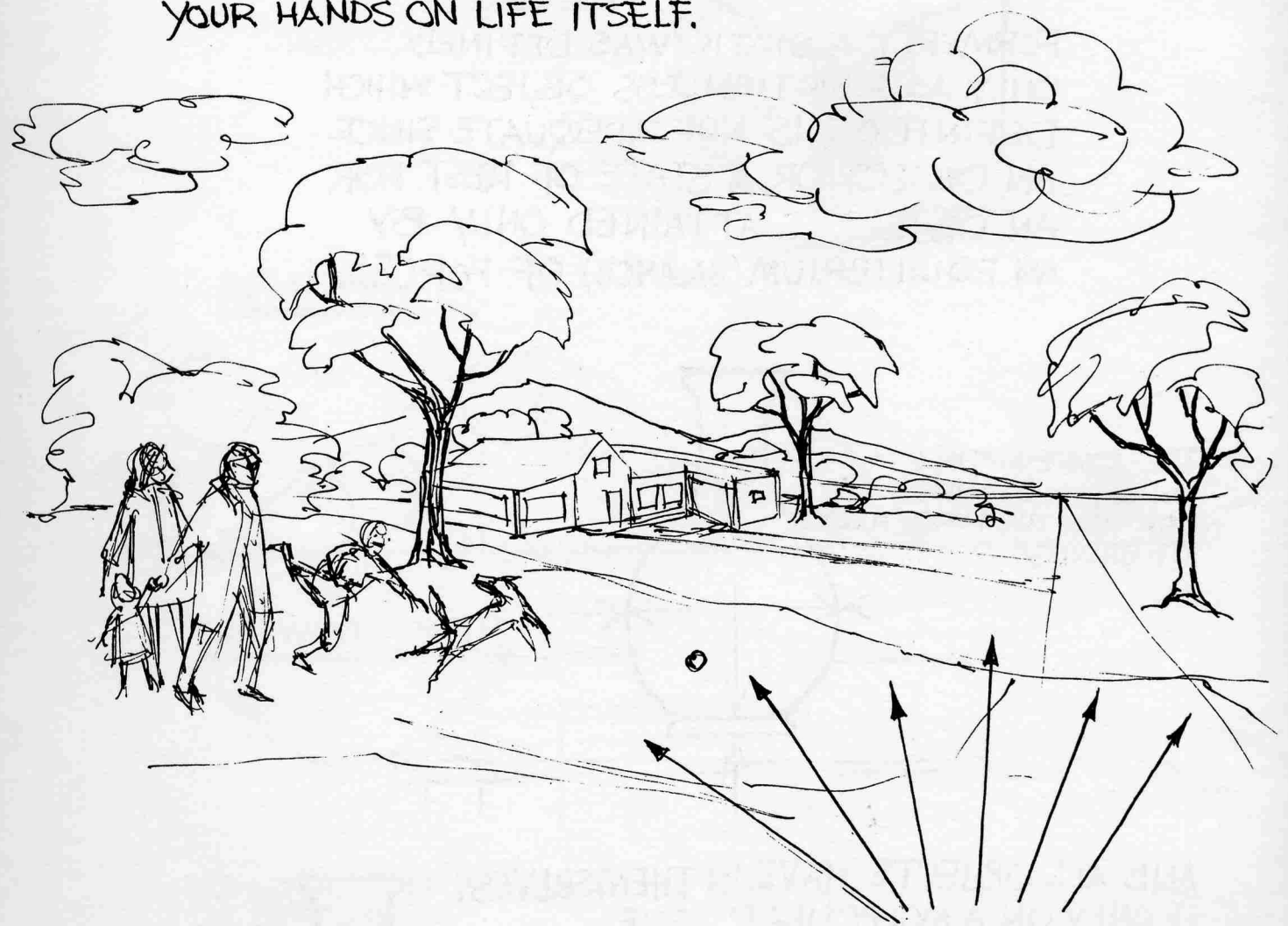
AND ALL OBJECTS HAVE IN THEMSELVES, IF ONLY ON A MOLECULAR LEVEL, MOTION, AND EXIST IN SPACE WHICH IS ITSELF AN INTEGRAL PORTION OF MOTION.



HENCE WE SEE WE ARE DEALING WITH A HIGHER LEVEL OF STATIC.

AXIOM TWO: THE STATIC IS CAPABLE OF CONSIDERATIONS, POSTULATES, AND OPINIONS.

YOU CAN'T MEASURE THIS STATIC.
WHEN YOU FIND SOMETHING WHICH HAS NO MASS, NO LOCATION, NO POSITION IN SPACE OR IN TIME AND NO WAVELENGTH — THE VERY FACT THAT IT CAN'T BE MEASURED TELLS YOU THAT YOU HAVE YOUR HANDS ON LIFE ITSELF.



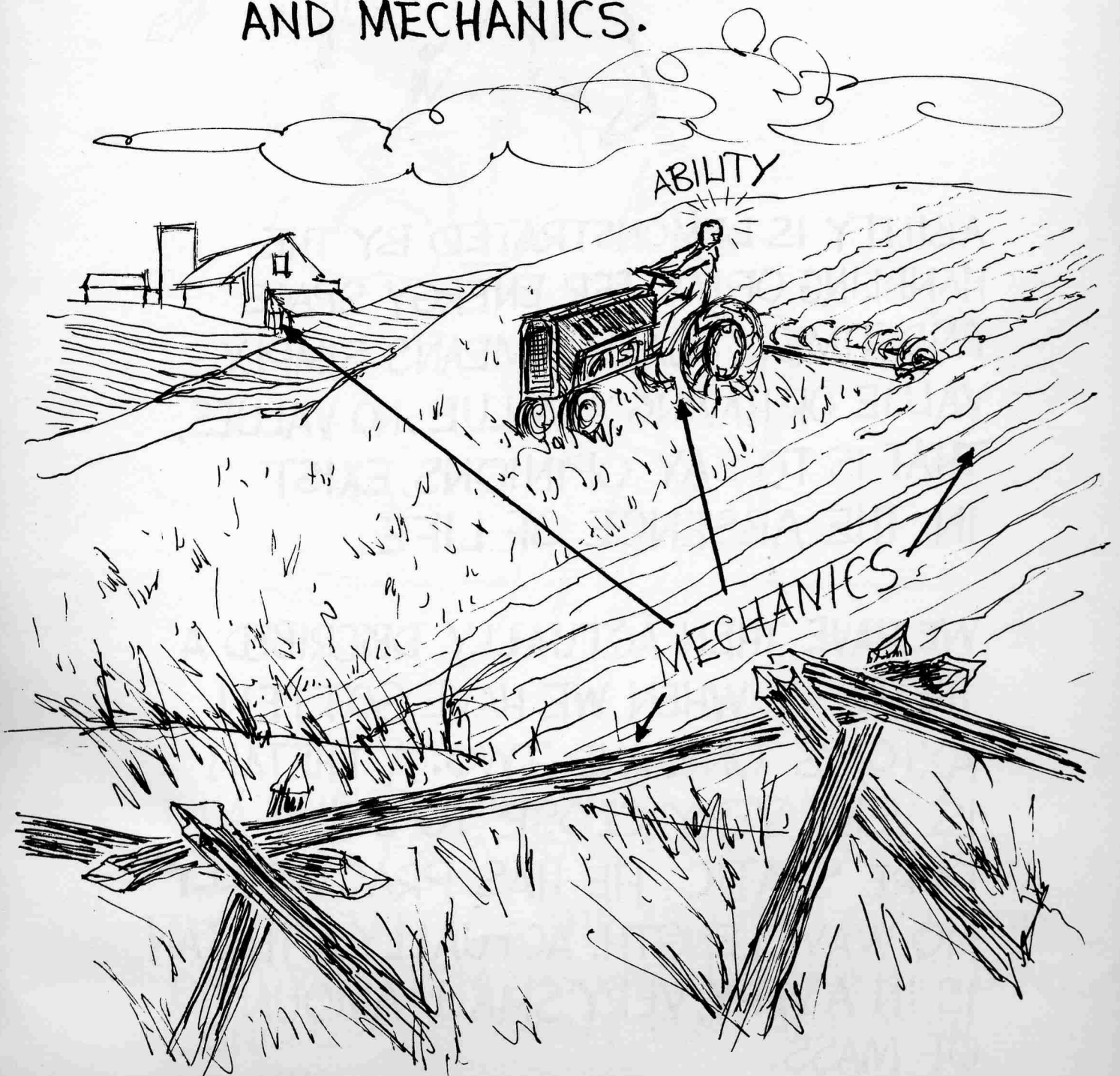
YOU CAN'T MEASURE IT, YET ALL THINGS MEASURABLE EXTEND FROM IT. FROM THIS STATIC ALL PHENOMENA EXTEND.

YOU CANNOT MEASURE A DOG BY HIS BISCUITS AND YOU CANNOT MEASURE THIS STATIC BY THE PHENOMENA EXTENDING FROM IT.

SPACE IS ONE OF THESE PHENOMENA. YOU COULD SAY THAT LIFE IS A "SPACE-ENERGY-OBJECT PRODUCTION AND PLACEMENT UNIT" BECAUSE THAT IS WHAT IT DOES. BUT WHEN YOU MEASURE THESE YOU DO NOT MEASURE LIFE.

WE DO NOT CONCEIVE LIFE TO HAVE AN ENERGY. - LIFE ITSELF HAS QUALITY AND ABILITY - THE PRODUCTS OF QUALITY AND ABILITY ARE MATTER, ENERGY, SPACE, AND TIME (THE PHYSICAL UNIVERSE) THIS COULD BE CLASSED AS MECHANICS.

THE BASIC SUB-DIVISION IN LIFE IS BETWEEN ABILITY AND MECHANICS.





ABILITY IS DEMONSTRATED BY THE HANDLING OF MATTER ENERGY SPACE AND TIME. QUALITY MEANS SIMPLY VALUE OR HAVING A VALUE. NO VALUES, THAT IS TO SAY OPINIONS, EXIST IN THE ABSENCE OF LIFE.

WE HAVE THEN ACTUALLY DESCRIBED A THETAN Θ WHEN WE HAVE GOTTEN AXIOMS ONE AND TWO. A THETAN IS VERY, VERY CLOSE TO BEING A PURE STATIC. HE HAS PRACTICALLY NO WAVELENGTH. ACTUALLY A THETAN IS IN A VERY, VERY SMALL AMOUNT OF MASS.

NOW LET'S HAVE A LOOK AT THE MIND.

FIRST OF ALL CLOSE YOUR EYES.

THINK OF A CAT.

DID YOU GET A PICTURE OF A CAT?

WAS IT A CAT YOU HAD KNOWN SOMETIME?

IT DOES NOT MATTER IF THE PICTURE WAS VERY CLEAR OR JUST A HAZY IMPRESSION.

WE CAN ALL DO THIS TO SOME DEGREE.



THIS IS WHAT YOUR MIND CONSISTS OF:
PICTURES FROM YOUR PAST EXPERIENCE.

THE THETAN HAS THE ABILITY TO CALL UP
PICTURES FROM HIS PAST IN ORDER TO DRAW
CONCLUSIONS ABOUT WHAT HE IS NOW
LOOKING AT.

HERE IS AN EXAMPLE OF HOW THE ANALYTICAL MIND WORKS.

SUPPOSE ONE DAY YOU SAW AN ANIMAL. YOU WOULD CALL UP PICTURES FROM YOUR PAST THAT RESEMBLED THAT ANIMAL (THIS HAPPENS VERY, VERY FAST). YOUR FIRST CONCLUSION (IN THIS CASE) WOULD BE THAT IT WAS A DOG, AND IF IN YOUR PAST YOU HAD SEEN THIS PARTICULAR BREED OF DOG YOU WOULD HAVE PICTURES OF IT AND FROM THAT YOU MIGHT KNOW THE DOG YOU WERE LOOKING AT WAS A TERRIER. A DOG FANCIER WOULD HAVE LOTS AND LOTS OF PICTURES STORED UP, FULL OF DATA ABOUT DOGS AND COULD IDENTIFY A GREAT MANY BREEDS ETC. THE AVERAGE PERSON MIGHT ONLY IDENTIFY IT AS "A DOG LIKE THE SMITHS HAVE." OR JUST "A DOG". THE MIND SUPPLIES THESE PICTURES SO FAST THAT MOST PEOPLE ARE NOT AWARE OF HOW THEY USE THEIR MINDS.



DONT FORGET THAT ALTHOUGH IT'S THE MIND THAT PRESENTS THE PICTURES IT IS YOU THE THETAN, WHO KNOWS WHAT HE IS LOOKING AT AND WHO DRAWS THE CONCLUSION AND DECIDES ON THE ANSWER.

THE ANALYTICAL MIND ANALYZES (SORTS OUT) THE DATA WHICH IT HAS RECEIVED. IF THAT WERE ALL THERE WAS TO THE MIND THEN WE WOULD HAVE A PERFECT MIND - ONE THAT NEVER MADE A MISTAKE, NEVER CAME UP WITH THE WRONG ANSWER, NEVER GAVE THE BODY A WRONG COMMAND. BUT THIS IS NOT THE WAY PEOPLE ARE. SO THERE MUST BE SOMETHING ELSE THAT WE HAVE NOT DISCUSSED YET.

THE REACTIVE MIND:

THIS PART OF THE MIND IS NOT UNDER THE PERSON'S OWN CONTROL. IT REACTS OR ACTS IN RESPONSE TO OUTSIDE INFLUENCE, NOT TO THE INFLUENCE OF THE PERSON WHO OWNS IT.

DO YOU EVER SEE PICTURES OR THINK THOUGHTS YOU DON'T WANT TO HAVE?

HERE IS HOW THE REACTIVE MIND WORKS:

SUPPOSE THE GIRL SHOWN IN THE PREVIOUS DRAWING HAD BEEN BADLY BITTEN BY A DOG WHEN SHE WAS YOUNG.



THE REACTIVE MIND RECORDS THE BAD THINGS THAT HAPPEN TO US (PAIN, FEAR, EMOTIONAL UPSETS ETC.) WHEN IT IS DOING THIS THE ANALYTICAL MIND IS NOT WORKING AND BEING AWARE OF WHAT'S GOING ON. SO WE DO NOT HAVE PICTURES OF THIS TO ANALYZE WITH.

THE REACTIVE MIND STORES UP ALL THE BAD THINGS THAT HAVE HAPPENED TO YOU AND THROWS THEM BACK AT YOU IN MOMENTS OF DANGER OR UPSET AND SO DICTATES YOUR ACTIONS ALONG LINES THAT YOU HAVE NOT DECIDED ON.

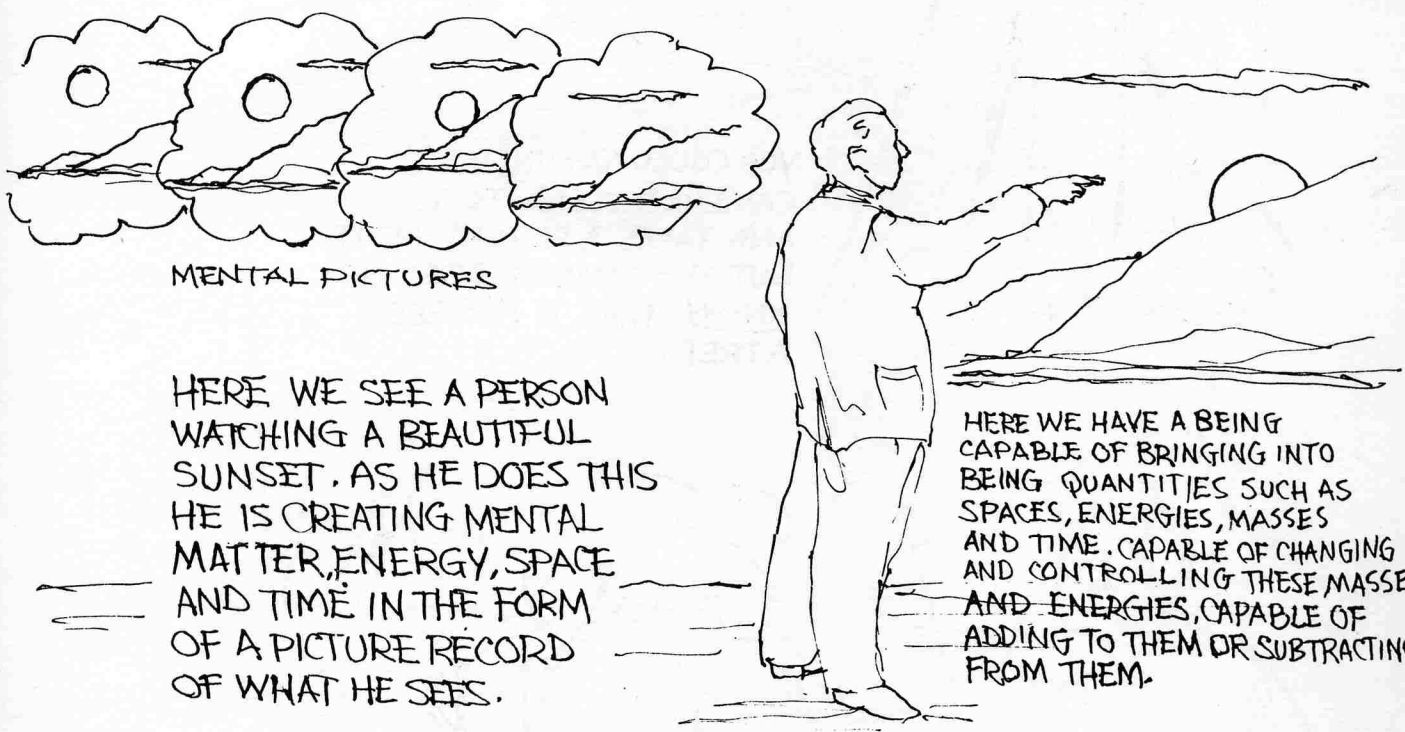
IT IS SUPPOSED TO PROTECT YOU WHEN YOU ARE IN DANGER. E.G. IF THE GIRL BELOW WERE NOT ANALYTICAL AT ALL SHE WOULD TURN AND RUN FROM THE DOG, BUT MOST OF US USE SOME REASON AND WORK IT OUT THAT THIS LOOKS LIKE A FRIENDLY DOG ETC. SO THERE'S NO NEED TO RUN, BUT JUST THE SAME WE REACT AND FEEL FEAR OR ARE UPSET TO VARIOUS DEGREES WHEN UNDER THE INFLUENCE OF THE REACTIVE MIND.



THIS PICTURE IS JUST BELOW THE PERSON'S AWARENESS LEVEL AND IS UNKNOWN TO THE PERSON, THE PICTURE HAS COMMAND VALUE OVER THE THETAN AND THE BODY.

IF THIS GIRL KNEW ABOUT MINDS, SOONER OR LATER SHE WOULD BEGIN TO REALIZE THAT EVERY TIME THERE WAS A DOG NEARBY SHE FELT A BIT AFRAID, WANTED TO GET AWAY AND FELT A PAIN IN HER ARM AND SHE WOULD SEE THE PICTURE AND REMEMBER ALL ABOUT IT. AT THAT TIME THE PICTURE WOULD BECOME PART OF THE ANALYTICAL MIND AND WOULD NO LONGER INFLUENCE HER

THE SPACES AND FORMS YOU SEE WHEN YOU CLOSE YOUR EYES AND BEHOLD A MENTAL IMAGE ARE ENERGIES AND OBEY THE VARIOUS LAWS OF ENERGY, MATTER, SPACE AND TIME. SO WE CAN SEE HERE THAT THE THETAN CREATES MENTAL MATTER, ENERGY, SPACE AND TIME EACH TIME IT MAKES A MENTAL PICTURE.



MENTAL PICTURES

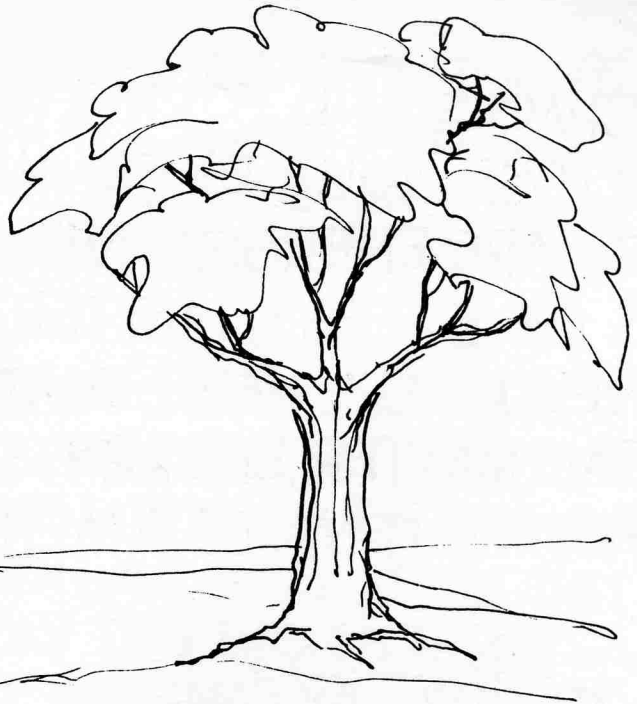
HERE WE SEE A PERSON WATCHING A BEAUTIFUL SUNSET. AS HE DOES THIS HE IS CREATING MENTAL MATTER, ENERGY, SPACE AND TIME IN THE FORM OF A PICTURE RECORD OF WHAT HE SEES.

HERE WE HAVE A BEING CAPABLE OF BRINGING INTO BEING QUANTITIES SUCH AS SPACES, ENERGIES, MASSES AND TIME. CAPABLE OF CHANGING AND CONTROLLING THESE MASSES AND ENERGIES, CAPABLE OF ADDING TO THEM OR SUBTRACTING FROM THEM.

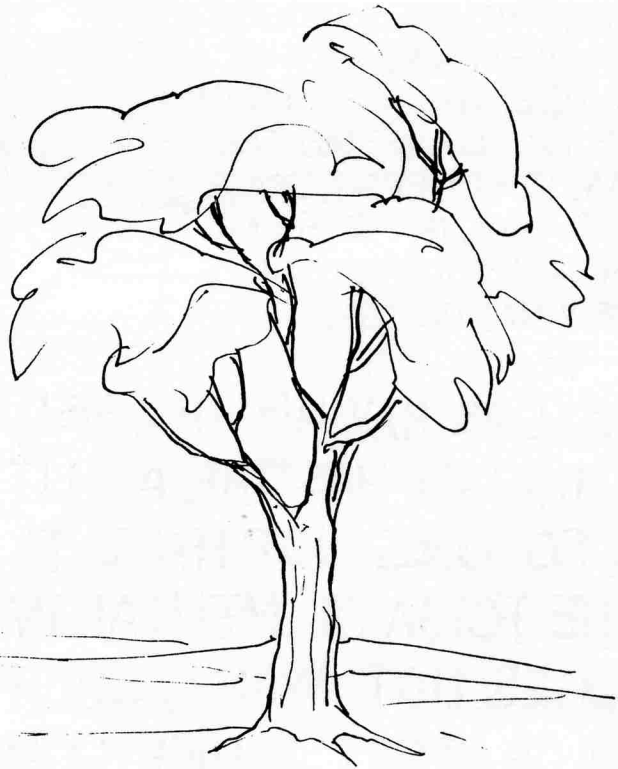
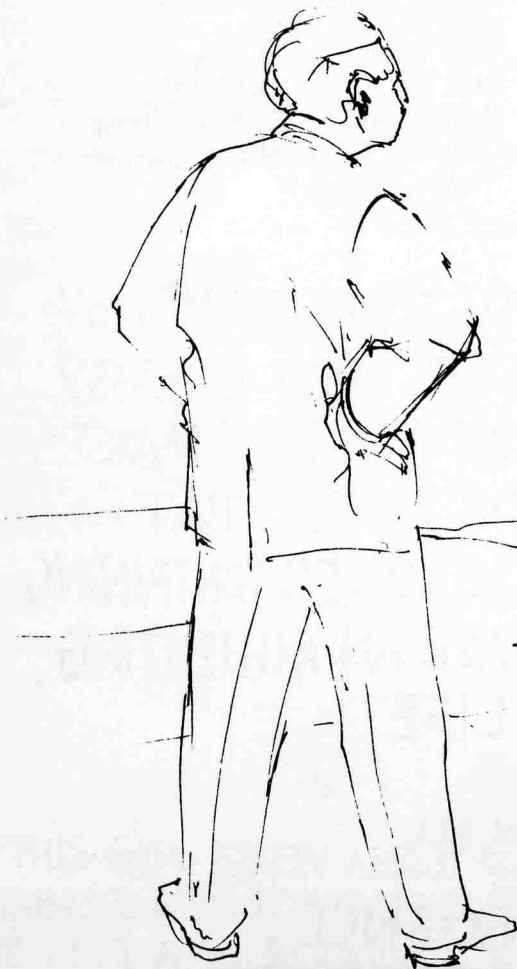
AS WELL AS HAVING THE ABILITY TO CREATE ENERGY, THE THETAN HAS THE ABILITY TO DESTROY ENERGY AND SO DOES NOT HAVE TO RETAIN ENERGY MASSES IN THE FORM OF MENTAL IMAGE PICTURES THAT HE DOES NOT WANT, SUCH AS PICTURES CONTAINING PAIN OR UPSET WHICH COULD HAVE AN INHIBITING EFFECT ON HIM IN HIS DAILY LIFE.

*NOTE:
FOR COMPLETE DATA ON THE MIND, IN ALL ITS ASPECTS, AND HOW TO HANDLE IT READ "DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH" BY L. RON HUBBARD

ORDER IT FROM YOUR CHURCH OF SCIENTOLOGY (ADDRESS LISTED ON THE BACK COVER OF THIS BOOKLET).



YOU COULD SAY THAT A CAMERA "SEES" A TREE AND TAKES A PICTURE OF IT, BUT THE CAMERA DOES NOT KNOW THAT IT HAS SEEN A TREE.

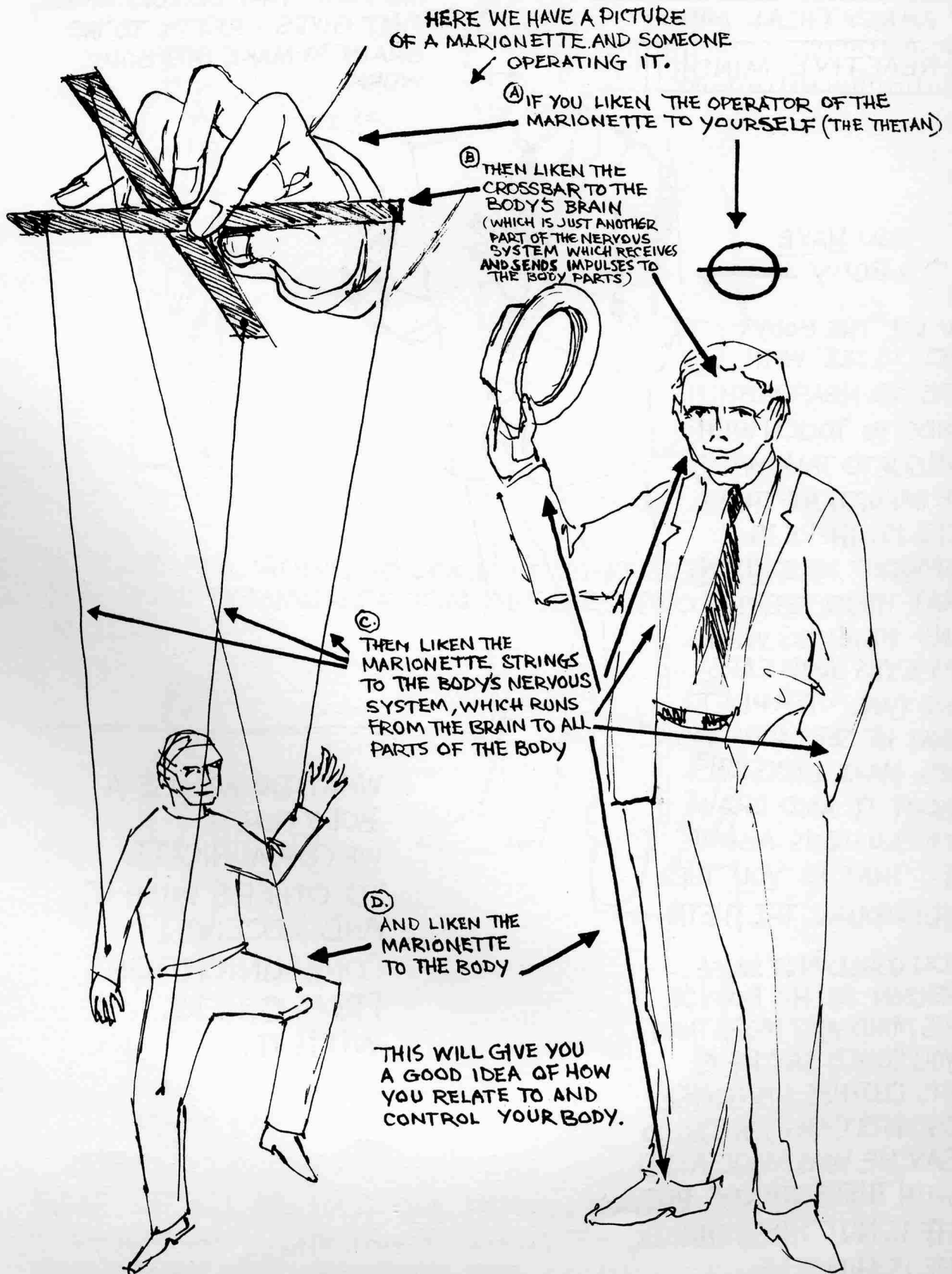


IF YOU TAKE A PICTURE OF A TREE WITH YOUR EYES YOU KNOW THAT YOU HAVE SEEN A TREE.

THE THETAN IS THE THING WHICH CONSIDERS, THAT THING WHICH HAS OPINIONS, THAT THING WHICH CREATES, THAT THING WHICH MONITORS, THAT THING WHICH HAS GOALS AND WHICH CAN EXPERIENCE.

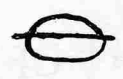
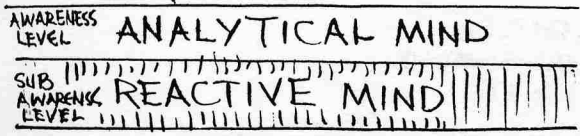
THE PART OF OURSELVES THAT WE ARE MOST CERTAIN OF, MOST AWARE OF, IS THE BODY. WE ALL KNOW WE HAVE A BODY.

HERE IS A SIMPLE ILLUSTRATION OF HOW YOUR BODY WORKS.



JUST AS THE OPERATOR OF THE MARIONETTE IS CAUSING THE CROSSBAR (BRAIN) TO SEND MESSAGES ALONG THE STRINGS (NERVES) TO THE BODY, YOU ARE DOING THIS TO YOUR BRAIN AND BODY.

YOU HAVE A MIND



YOU ARE A THETAN, AN INDIVIDUAL; YOU ARE THE THINKER, THE OBSERVER, THE THING THAT KNOWS WHAT HE IS LOOKING AT, THE PART THAT DECIDES THINGS, THAT GIVES ORDERS TO THE BRAIN TO MAKE THE BODY WORK.

YOU HAVE A BODY



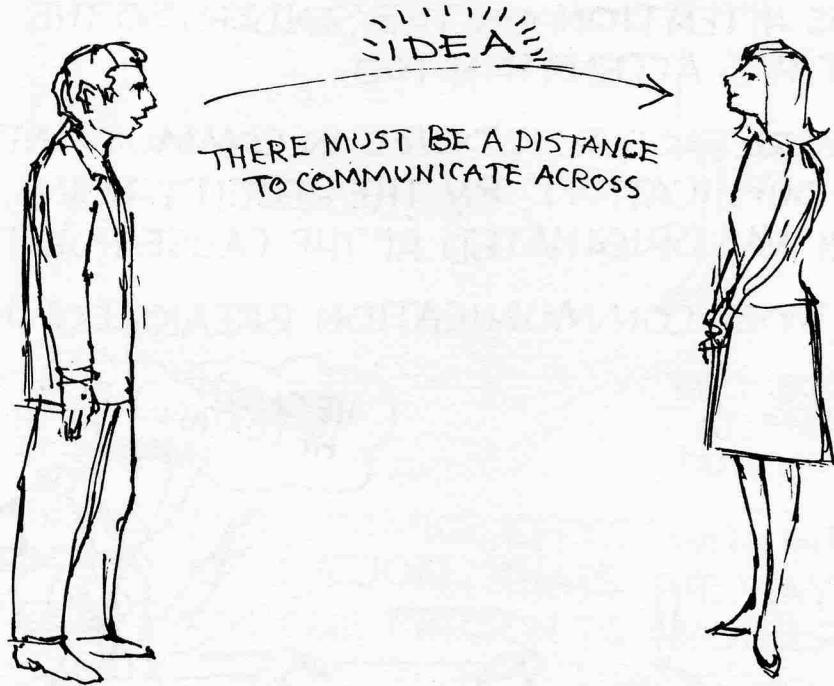
YOU USE THE BODY'S EYES TO SEE WITH, EARS TO HEAR WITH, HANDS TO TOUCH WITH, TONGUE TO TALK WITH. THE IMPORTANT THING HERE IS, THERE IS SOMEONE WHO KNOWS THAT HE IS SEEING AND HEARING WITH HIS EYES AND EARS AND CAN INTERPRET WHAT HE SEES AND HEARS AND MAKE DECISIONS ABOUT IT AND DRAW CONCLUSIONS ABOUT IT. THAT IS YOU THE INDIVIDUAL, THE THETAN.

WHAT DO WE USE A BODY FOR? WE COMMUNICATE TO OTHERS WITH IT, AND RECEIVE COMMUNICATIONS FROM OTHERS WITH IT.

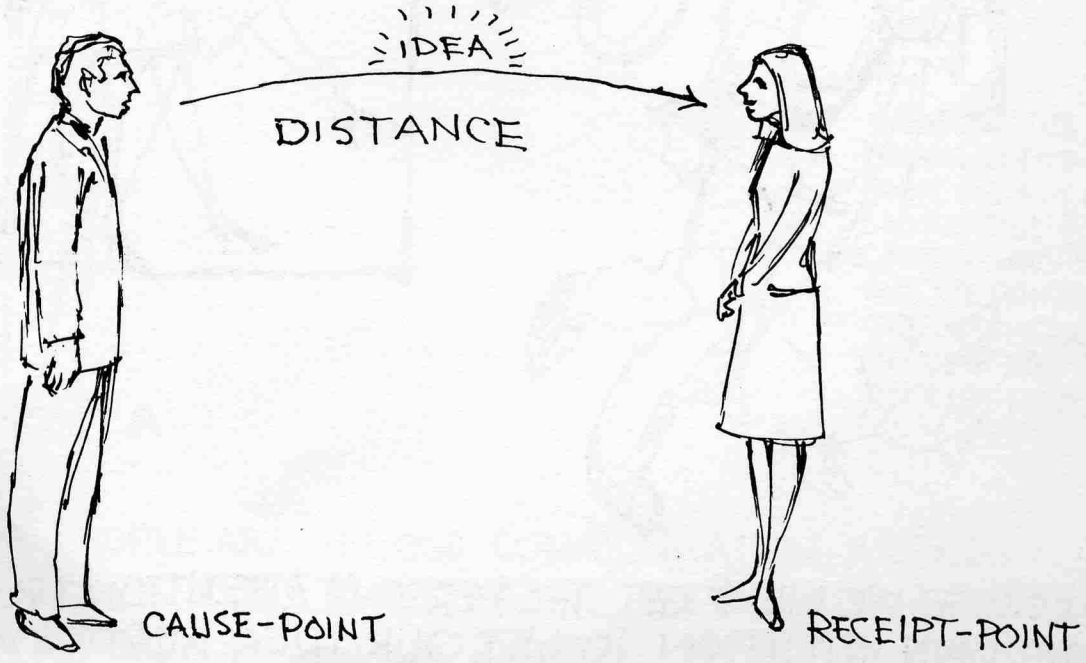
YOU COULD NOT SAY A PERSON IS HIS BODY OR HIS MIND ANY MORE THAN YOU COULD SAY HE IS HIS CLOTHES, HIS HOUSE OR HIS CAR. YOU COULD SAY HE WAS ASSOCIATED WITH THESE THINGS, BUT, HE IS NOT THESE THINGS, HE IS HIMSELF.

COMMUNICATION:

IF WE LOOK AT WHAT COMMUNICATION IS, WE WOULD USUALLY END UP WITH, "GETTING AN IDEA ACROSS". IT IS POSSIBLE TO COMMUNICATE WITH ANIMALS AND OBJECTS BUT WE ARE GOING TO LOOK AT COMMUNICATION BETWEEN PEOPLE, IT BEING THE MOST IMPORTANT. WE FIND AT LEAST TWO PEOPLE ARE NEEDED FOR COMMUNICATION.



NOW WE ARE GOING TO LOOK AT WHAT ELSE IS NECESSARY FOR GOOD COMMUNICATION BESIDES TWO PEOPLE AND AN IDEA.



FIRST OF ALL WE HAVE ONE PERSON WHO STARTS THE COMMUNICATION. WE WILL CALL HIM THE CAUSE-POINT. THE OTHER ONE RECEIVES THE COMMUNICATION SO WE WILL CALL HER THE RECEIPT-POINT.

NOW WE COME BACK TO THE CAUSE-POINT. WE KNOW IF HE IS GOING TO GET HIS IDEA ACROSS HE HAS TO INTEND TO REACH THE OTHER PERSON, SO WE PUT INTENTION ON HIS SIDE. HE ALSO HAS TO HAVE SOME ATTENTION ON THE OTHER PERSON TO SEE IF SHE IS READY TO BE TALKED TO, SO WE ALSO PUT ATTENTION THERE. THE RECEIPT-POINT, IN ORDER TO RECEIVE THE MESSAGE, HAS TO HAVE HIS ATTENTION ON THE SENDER, SO THE RECEIPT-POINT HAS ATTENTION TOO.

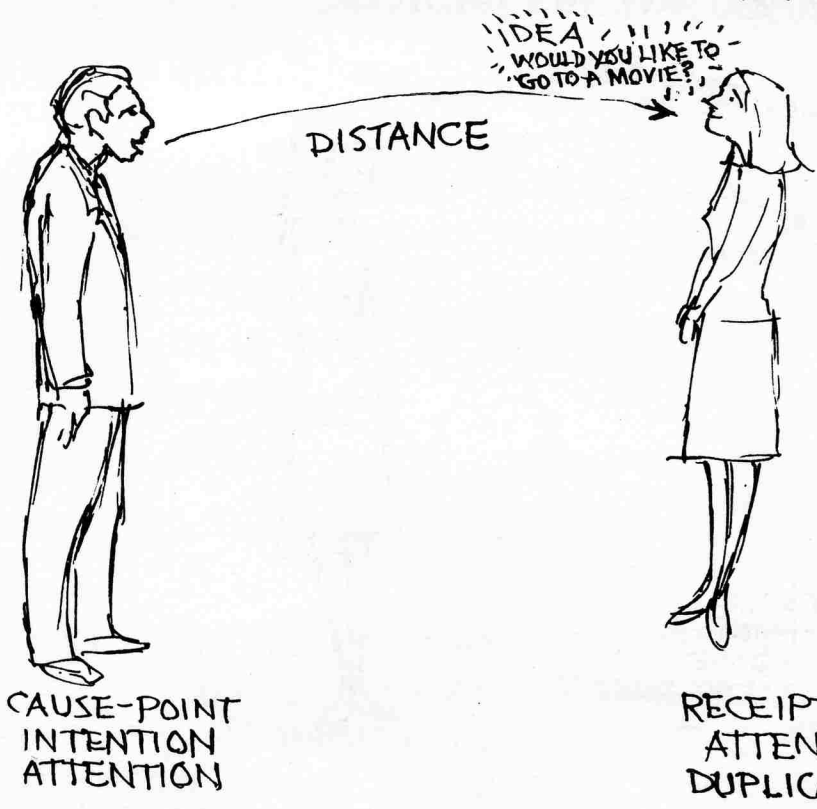
THERE IS ONE MORE FACTOR INVOLVED IN COMMUNICATION AND THAT IS "DUPLICATION", BY THE RECEIPT-POINT, OF THE IDEA WHICH WAS ORIGINATED AT THE CAUSE-POINT.

THIS IS WHERE MOST COMMUNICATION BREAKS DOWN.

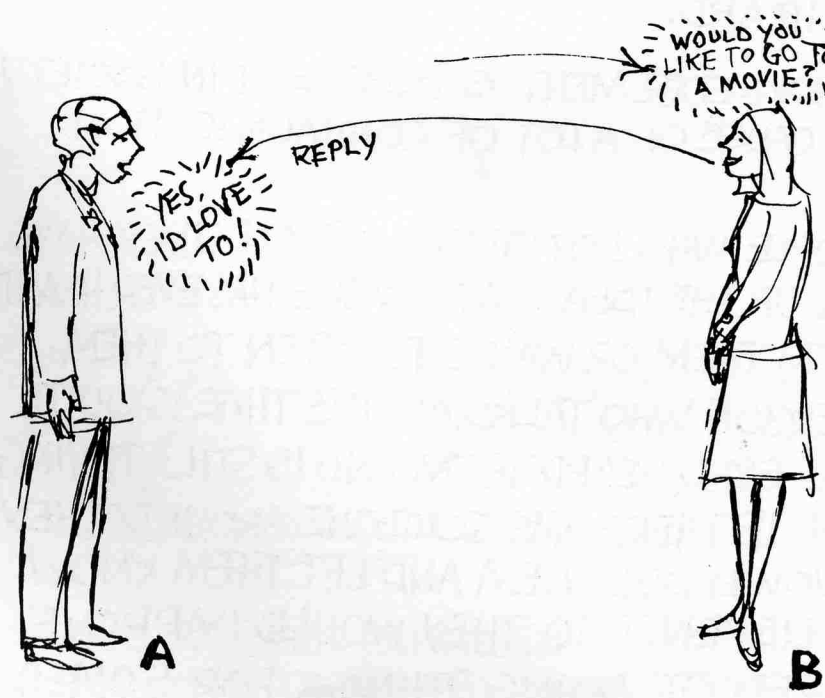


BECAUSE WE DIDN'T GET THE PERSON'S ATTENTION OR BECAUSE OUR OWN INTENTION TO GET OUR IDEA ACROSS WASN'T STRONG ENOUGH, THE IDEA IS NOT DUPLICATED, IS NOT RECEIVED THE WAY WE MEANT IT, AND SO MISUNDERSTANDINGS ARISE.

OUT OF THIS WE NOW GET THE FORMULA FOR COMMUNICATION



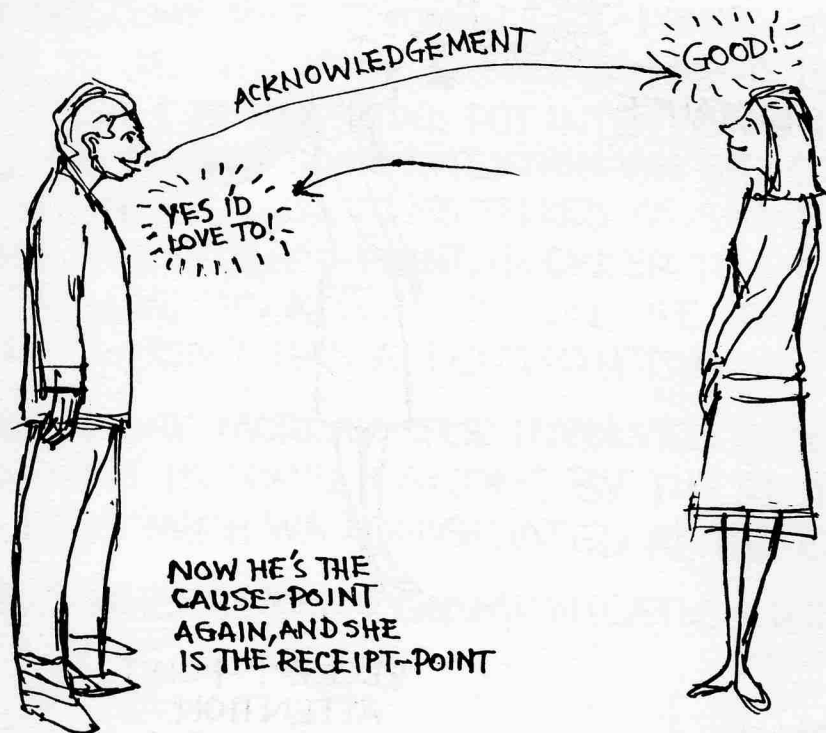
THE FORMULA IS CAUSE, DISTANCE, EFFECT, WITH INTENTION, ATTENTION, AND DUPLICATION. THAT'S THE WAY AN IDEA GOES ACROSS FROM ONE PERSON TO ANOTHER.



NOTE: THAT THE FORMER RECEIPT-POINT HAS NOW BECOME THE CAUSE-POINT AND THE FORMER CAUSE-POINT HAS BECOME THE RECEIPT-POINT.

WHEN TWO PEOPLE ARE IN GOOD COMMUNICATION, A SENDS HIS IDEA ACROSS TO B, B RECEIVES IT, THEN SENDS A REPLY OR ANSWER BACK TO A WHO RECEIVES IT. A THEN DOES WHAT? MOSTLY HE DOES NOTHING. THERE IS A MISSING PART THERE THAT SHOULD BE THERE IN A GOOD COMMUNICATION.

THE MISSING THING HERE IS ACKNOWLEDGEMENT.
WHAT IS ACKNOWLEDGEMENT? IT'S THE WAY YOU LET
SOMEONE KNOW YOU HAVE HIS ANSWER.



IT COULD BE A NOD, OR A SMILE, A THANK YOU, OR AN
OK. IT SIMPLY MEANS THE PERSON KNOWS YOU RECEIVED
HIM. OTHERWISE HE WOULD HAVE NO WAY OF KNOWING
HE HAD BEEN HEARD.

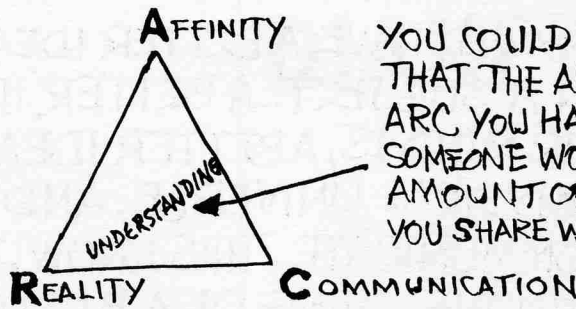
THIS LACK OF ACKNOWLEDGEMENT IS FREQUENT IN SOCIETY
TODAY AND IS THE CAUSE OF A LOT OF COMMUNICATION
DIFFICULTIES.

YOU WILL SEE PEOPLE WHO DO NOT TALK AT ALL, THEY HAVE
LONG SINCE GIVEN UP THE IDEA THAT ANYONE HAS EVER HEARD
THEM, WILL LISTEN TO THEM, OR WANTS TO LISTEN TO THEM.
SIMILARLY THE PERSON WHO TALKS ALL THE TIME IS QUITE
SURE NO ONE HAS EVER HEARD THEM AND IS STILL TRYING
TO GET THROUGH. IF THERE WAS SOMEONE AROUND THEM
WHO COULD ACKNOWLEDGE THEM AND LET THEM KNOW
THEY HAD BEEN LISTENED TO, THEY WOULD IMPROVE.
WE ALSO GET TIRED OF DOING THINGS FOR SOMEONE
WHO NEVER ACKNOWLEDGES WHAT WE DO. A LITTLE
ACKNOWLEDGEMENT GOES A LONG WAY. IT IS NOT NECESSARILY
PRAISE, JUST A SIGN THAT WE HAVE NOTICED THAT SOMETHING
WAS DONE. YOU WILL SEE THE PEOPLE AROUND YOU
BECOME MORE OUTREACHING IF YOU ACKNOWLEDGE THEM.

YOU WILL FIND UPON APPLYING THE COMMUNICATION FORMULA IN DAILY LIFE YOUR ABILITY TO COMMUNICATE WILL INCREASE, AND WITH IT, YOUR REALITY LEVEL AND YOUR AFFINITY FOR OTHER PEOPLE. IT COULD BE SAID, "A MAN IS AS WELL AS HE CAN COMMUNICATE."

COMMUNICATION, REALITY AND AFFINITY COULD BE SEEN IN THE FORM OF A TRIANGLE.

IN SCIENTOLOGY THIS IS CALLED THE ARC TRIANGLE.

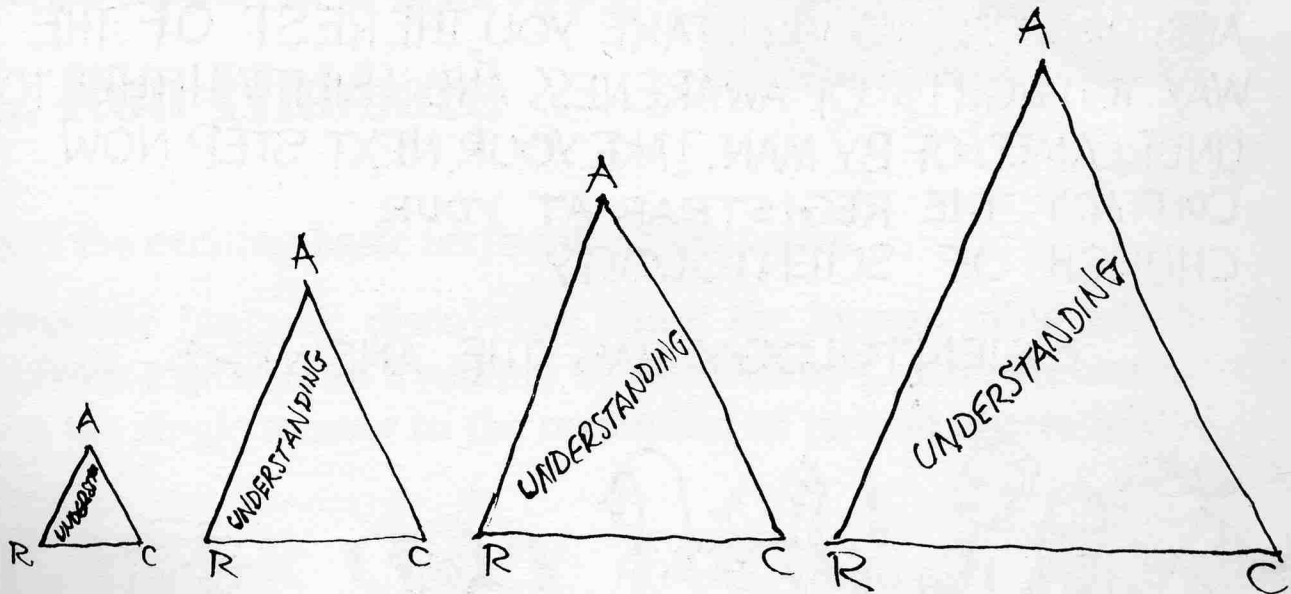


ARC = UNDERSTANDING

YOU COULD SAY THEN THAT THE AMOUNT OF ARC YOU HAVE WITH SOMEONE WOULD BE THE AMOUNT OF UNDERSTANDING YOU SHARE WITH THEM.

YOU WILL FIND THAT AS YOU GET INTO BETTER COMMUNICATION WITH A PERSON YOUR REALITY AND AFFINITY FOR THAT PERSON ALSO GETS BETTER. INCREASING ANY ONE OF THESE THREE POINTS ON THE TRIANGLE AUTOMATICALLY INCREASES THE OTHER TWO. ALSO DECREASING ANY ONE OF THESE THREE POINTS WOULD AUTOMATICALLY DECREASE THE OTHER TWO.

AND SO YOUR UNDERSTANDING CAN INCREASE AND DECREASE.



THIS HOLDS TRUE FOR YOUR ENTIRE ENVIRONMENT. THE BETTER YOU COMMUNICATE WITH THE PEOPLE AND THINGS AROUND YOU THE MORE REAL THEY WILL BECOME TO YOU, THE GREATER YOUR AFFINITY (LIKING) FOR THEM WILL BE, AND THE GREATER YOUR UNDERSTANDING WILL BE. THE WORLD WILL ACTUALLY START LOOKING BRIGHTER, LIFE WILL BE MORE LIVABLE, WORK MORE WORKABLE. MIRACLES START HAPPENING WHEN YOU KNOW THE LAWS OF COMMUNICATION AND USE THEM IN LIFE.

REMEMBER—WHEN ALL ELSE FAILS, COMMUNICATE, AND THINGS WILL GET BETTER

.TWO RULES FOR HAPPY LIVING.

- ① BE WILLING TO EXPERIENCE ANYTHING.
- ② CAUSE ONLY THOSE EFFECTS WHICH OTHERS CAN EASILY TOLERATE.

NOW YOU SHOULD HAVE A BETTER IDEA OF HOW TO STUDY AND LEARN A SUBJECT. A BETTER IDEA OF WHO YOU ARE, WHAT YOUR MIND IS, A BETTER IDEA OF YOUR FELLOW MAN AND THE PHYSICAL UNIVERSE, AND A BETTER IDEA OF HOW TO COMMUNICATE. THIS KNOWLEDGE LEADS TO GREATER ABILITY AND THE LIVING OF A BETTER LIFE. THIS IS WHAT SCIENTOLOGY IS ALL ABOUT. SCIENTOLOGY TRAINING AND PROCESSING MAKES THE ABLE MORE ABLE AND THUS BRINGS ABOUT A BETTER WORLD TO LIVE IN, AND A CIVILIZATION OF WHICH WE CAN BE PROUD.

AWARENESS IS A GRADIENT SCALE, YOU HAVE TAKEN THE FIRST STEP. - FURTHER SCIENTOLOGY TRAINING AND PROCESSING WILL TAKE YOU THE REST OF THE WAY TO HEIGHTS OF AWARENESS AND ABILITY HITHERTO UNDREAMED OF BY MAN. TAKE YOUR NEXT STEP NOW CONTACT THE REGISTRAR AT YOUR CHURCH OF SCIENTOLOGY.

SCIENTOLOGY HAS THE ANSWERS.

